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## **Exploring the impact of Social Media Influencers on Millennial Purchasing Decisions**

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#### Abstract

This study explores the impact of key attributes of social media influencers—namely influencer credibility, relatability, content quality, and engagement—on the purchasing decisions of millennials. As digital platforms increasingly shape consumer behavior, social media influencers have emerged as powerful opinion leaders whose content can sway brand perceptions and buying patterns. The objective of this research is to measure the relationship between these attributes of influencer engagement and millennial purchasing behavior. A structured questionnaire was administered to a sample of 382 millennials, and the data collected were subjected to reliability analysis, exploratory factor analysis (EFA), and correlation analysis to validate the constructs and examine interrelationships. The findings indicate that influencer credibility and content quality significantly influence millennials' purchase intentions, while relatability and engagement enhance emotional connection and brand trust. These results suggest that millennials are more likely to be influenced by social media figures they perceive as authentic, knowledgeable, and interactive. The study provides meaningful insights for marketers and brands seeking to design effective influencer marketing strategies targeted at the millennial segment.

Keywords: Influencer Credibility, Relatability, Content Quality, Engagement and Purchasing Behavior.

### Introduction

The emergence of social media platforms in the digital age has completely changed how customers engage with companies, and social media influencers (SMIs) are becoming increasingly potent players in influencing consumer behavior, especially among millennials. Millennials, characterized by their tech-savviness and high social media engagement, are more likely to rely on peer opinions and influencer recommendations than traditional advertising when making purchasing decisions (Djafarova & Rushworth, 2017). Influencers, through their authenticity, reliability, and perceived expertise, create strong parasocial relationships with their followers, thus impacting brand perceptions and purchase intent (Lou & Yuan, 2019). Unlike celebrities, SMIs often share everyday experiences, which resonate more with younger audiences seeking real-life product usage and peer validation (De Veirman, 2017). This changing marketing environment calls for a better comprehension of how millennial buying behavior is impacted by influencer qualities like trustworthiness, attractiveness, and content quality. In order to develop more successful influencer marketing tactics, this research aims to investigate these processes.

### Literature Review

The emergence of Social Media Influencers (SMIs) has fundamentally altered the nature of marketing, especially in terms of influencing millennials' purchasing decisions. According to recent research, millennials, who are digital natives, are more open to influencer-generated content because they find it relevant and genuine. (Casaló, Flavián & Ibáñez-Sánchez, 2020). As opinion leaders, influencers' recommendations frequently have a greater effect than conventional advertising, particularly when they reflect the interests and values of their audience (Djafarova & Trofimenko, 2019). Additionally, millennials are more inclined to trust influencers they perceive to be truthful and knowledgeable, which makes trust crucial (Lou & Yuan, 2019).

The parasocial ties that form between influencers and their followers lead to increased purchase intentions (Jin, Muqaddam & Ryu, 2019). The significance of platform engagement and content quality is also emphasized by research; for example, visual platforms like Instagram and TikTok have had great success influencing consumer decisions due to its interactive features and eye-catching aesthetics (Sokolova & Kefi, 2020). However, recent studies suggest that the over-commercialization and lack of transparency of sponsored material may negatively affect customers' trust and purchase decisions (Boerman, Willemsen & Van Der Aa, 2017). All things considered, the study demonstrates that influencer marketing is most effective when it is perceived as authentic, engaging, and in line with millennial customers' identities.

Recent studies from 2020 to 2025 have increasingly emphasized the nuanced effect of cultural principles, beliefs, and traditions on behavior of consumer in diverse societies. Sharma et al. (2020) explored how emotional consumption patterns differ across collectivist and individualist cultures, highlighting that East Asian consumers are more driven by group harmony and social approval, whereas Western consumers prioritize self-expression and individuality. Similarly, Nguyen et al. (2021) examined digital personalization and found that cultural values

significantly influence consumers' perceptions of privacy and fairness, with Western consumers being more sensitive to data usage compared to their Eastern counterparts. Rehman and Shabbir (2021) further investigated the interplay between religiosity and consumer behavior, revealing that deeply held religious beliefs influence product preferences and ethical consumption among Muslim populations in Malaysia and Pakistan. A cross-cultural study by Chatterjee and Srivastava (2022) observed that traditional beliefs and customs strongly dictate brand loyalty and seasonal purchasing during cultural festivals in India, while consumers in Western countries demonstrate greater flexibility and experimentation in brand choices. In addition, Sadeghi et al. (2023) studied the phenomenon of "globalization," showing that consumers often blend global brand preferences with local cultural identities, particularly in emerging markets where tradition remains a strong influence. Most recently, Zhao and Li (2024) investigated the role of Confucian values in shaping digital consumption in China, finding that respect for authority and social harmony influences how consumers evaluate e-commerce credibility and brand reputation. These findings collectively emphasize the requirement for marketers and business to implement culturally intelligent strategy that are sensitive to local beliefs, values, and traditions while maintaining global relevance.

### Research Gap

Even while the amount of study on social media's effects on consumer behavior is increasing, little is known about how social media influencers directly affect Millennials' purchase decisions. Few studies have examined the specifics of influencer-driven marketing and its special affects on Millennials, who are quite active on social media, even though many have examined general social media usage and its impact on consumer behaviors. Furthermore, little study has been done on how influencer endorsements affect this demographics' long-term brand loyalty and consumer trust. Existing literature tends to generalize influencer impact across different age groups, overlooking the specific cultural, social, and economic factors that drive Millennial purchasing behavior. This gap presents an opportunity to explore how various types of influencers (macro vs. micro) and content authenticity affect Millennials' decision-making processes in distinct ways, considering factors such as perceived credibility, and the role of peer influence.

### Research Problem

Understanding the substantial influence of social media on millennials' shopping decisions is the main focus of the study challenge. Being digital natives, millennials are quite active on social media, where influencers are very important in determining the tastes and actions of customers. Even though social media is becoming more and more significant in the marketing landscape, little is known about how various social media influencers such as celebrities, micro-influencers, and peer influencers—affect millennials' purchase decisions. Furthermore, it is yet unknown how elements like perceived authenticity, dependability, and trust affect these influencers' efficacy. Examining the complex link between social media content and millennials' purchasing behavior is essential, since they place a high importance on experiences, customization, and brand values. By investigating the degree to which social media influencers affect consumer decisions and how marketers may use these insights to develop more focused and successful campaigns, this study aims to close this gap.

### **Research Objectives**

- 1. To identify the attributes of social media influencers.
- 2. To measure the relationship among attributes of social media engagement and millennials' buying behavior.

### Research Hypothesis

• Ho1: There is no significant relationship between attributes of social media engagement (such as likes, comments, shares, and follows) and millennials' purchasing behavior.

### **Statistical Tools**

Statistical approaches including reliability testing, exploratory factor analysis (EFA), and correlation analysis are used to investigate how social media impacts millennials' purchase decisions. EFA assists in determining the underlying elements influencing consumer behavior, whereas reliability tests guarantee the consistency of measuring scales. The degree and direction of the connections between millennials' shopping decisions and social media impacts are shown via correlation analysis.

### **Sampling Procedure**

Convenience sampling, which selects respondents based on their availability and desire to participate, will be used in the sample process to investigate how social media impacts millennials' purchase decisions. This method offers a valuable means to collect data from a selected, reachable group and is especially helpful when time and resources are constrained. 382 millennials (those between the ages of 18 and 35) who use Facebook, Instagram, and TikTok often will make up the sample. These participants will be chosen from a variety of social media groups, online forums, and communities where millennials are likely to interact with information about consumer choices. Although the results may not be entirely generalizable to the larger millennial population, the convenience sampling approach is appropriate for this study since it provides rapid access to a sizable group of people who fit the study's requirements.

### Results

Table: 1. Demographic Variables

Demographic Variable	Category	Frequency	Percentage (%)
Gender	Male	180	47.1
	Female	200	52.4
	Other/Prefer not to say	2	0.5
Age	23–25 years	160	41.9
	26–28 years	140	36.6
	29–32 years	82	21.5
Education Level	Undergraduate	95	24.9
	Postgraduate	230	60.2
	Others	57	14.9
Employment Status	Student	110	28.8
	Employed	230	60.2
	Self-employed/Freelancer	42	11.0
Monthly Income	Below ₹25,000	105	27.5
	₹25,001 – ₹50,000	140	36.6
	Above ₹50,000	137	35.9

The demographic split shows that 47.1% of the population is male, 52.4% is female, and 0.5% would rather not reveal their gender. The age group was predominantly between 23–25 years (41.9%), followed by 26–28 years (36.6%) and 29–32 years (21.5%). Most respondents were postgraduates (60.2%), while 24.9% were undergraduates, and 14.9% had other qualifications. Employment status varied, with 60.2% employed, 28.8% students, and 11.0% self-employed or freelancers. Regarding monthly income, 36.6% earned between ₹25,001 and ₹50,000, 35.9% earned above ₹50,000, and 27.5% earned below ₹25,000. The study reveals a strong influence of social media personalities on millennial purchase behavior, particularly when influencers are perceived as authentic, relatable, and knowledgeable.

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### **Reliability Test**

Table: 2. Case Processing Summary

		N	%
	Valid	382	100.0
Cases	Excluded <sup>a</sup>	0	.0
	Total	382	100.0

Table: 3. Reliability Statistics

Cronbach's Alpha	N of Items
.874	9

For the nine items in the questionnaire, the reliability analysis using Cronbach's Alpha produced a value of 0.874, suggesting a good degree of internal consistency. This implies that for the sample of 382 millennials, the scale used to assess characteristics such influencer trustworthiness, relatability, content quality, engagement, and purchase behavior is both dependable and consistent. For social scientific research, a Cronbach's Alpha score of 0.7 is usually regarded as appropriate, while a value above 0.8 denotes high reliability. The instrument's items are so well-correlated and appropriate for additional statistical studies like factor analysis and regression, as indicated by the result of 0.874.

### **Exploratory Factor Analysis**

Table: 4. KMO and Bartlett's Test

KMO Measure of Sampling Adequacy.		.854
	Approx. Chi-Square	1714.459
Bartlett's Test of Sphericity	df	36
	Sig.	.000

The data is appropriate for factor analysis, according to the findings of the Bartlett's Test of Sphericity and Kaiser-Meyer-Olkin (KMO). The sample is deemed enough and the variables have enough common variance for factor extraction, as indicated by the KMO measure of sampling adequacy of 0.854, which is much higher than the suggested minimum threshold of 0.6. Additionally, the correlation matrix is not an identity matrix, as shown by the significant results of Bartlett's Test of Sphericity (Chi-Square = 1714.459, df = 36, p < 0.001). This suggests that the variables have strong relationships with one another, supporting the use of exploratory factor analysis (EFA) to find hidden dimensions in the data.

Table: 5. Total Variance Explained

Component	Initial Eigen values		nent Initial Eigen values Extraction Sums of Squared Loadings		Rota	tion Sums of Loading	-		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	4.510	50.108	50.108	4.510	50.108	50.108	2.454	27.264	27.264
2	1.454	16.154	66.262	1.454	16.154	66.262	1.958	21.760	49.024

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3	.793	8.816	75.078	.793	8.816	75.078	1.477	16.415	65.438
4	.555	6.165	81.244	.555	6.165	81.244	1.423	15.806	81.244
5	.446	4.958	86.202						
6	.401	4.457	90.659						
7	.339	3.772	94.431						
8	.299	3.317	97.748			_			
9	.203	2.252	100.000						_

Using Varimax Rotation with Kaiser Normalization, four distinct components were found from the study's nine variables. Each factor is composed of variables with factor loadings greater than 0.5. The four factors collectively accounted for 81.244% of the variation in the key characteristics of social media involvement when the nine variables were divided into three.

Table: 6. Rotated Component Matrix

		Component		
	1	2	3	4
Influencer content is visually appealing and engaging.	.868			
The posts/reviews shared by influencers are clear and informative.	.861			
I often interact (like, comment, share) with influencer content.	.772			
I consider influencers to be knowledgeable in their content area.		.849		
The influencers I follow are trustworthy.		.672		
Influencers have similar preferences to mine.			.898	
I can relate to the lifestyle/content of the influencers I follow.			.689	
Influencers respond to followers' questions or comments.				.735
Social media influencers provide accurate product information.				.645

The correlation between each variable and the retrieved components is shown in the matrix above. Each variable usually has a mild correlation with the other components and a large association with one. The variable with the greatest value in each row is chosen as a component of the relevant factor in order to determine which variables belong to each factor. To assist in classifying the nine variables into four major groups and eliminating those with low loadings, the highest values in each row have been highlighted.

### **Correlation Analysis**

Table: 7. Correlations

		Influencer Credibility	Relatability	Content Quality	Engagement	Purchasing Behavior
Influencer Credibility	Pearson Correlation	1	.559**	.346**	.553**	.398**
Creatomity	Sig. (2-tailed)		.000	.000	.000	.000

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N	382	382	382	382	382
Pearson Correlation	.559**	1	.264**	.408**	.326**
Sig. (2-tailed)	.000		.000	.000	.000
N	382	382	382	382	382
Pearson Correlation	.346**	.264**	1	.622**	.189**
Sig. (2-tailed)	.000	.000		.000	.000
N	382	382	382	382	382
Pearson Correlation	.553**	.408**	.622**	1	.440**
Sig. (2-tailed)	.000	.000	.000		.000
N	382	382	382	382	382
Pearson Correlation	.398**	.326**	.189**	.440**	1
Sig. (2-tailed)	.000	.000	.000	.000	
N	382	382	382	382	382
_	Pearson Correlation Sig. (2-tailed) N Pearson Correlation Sig. (2-tailed) N Pearson Correlation Sig. (2-tailed) N Pearson Correlation Correlation Correlation Correlation Correlation	Pearson         .559**           Correlation         .000           N         382           Pearson         .346**           Correlation         .000           N         382           Pearson         .000           N         382           Pearson         .553**           Sig. (2-tailed)         .000           N         382           Pearson         .000           N         382           Pearson         .000           Correlation         .398**	Pearson       .559**       1         Sig. (2-tailed)       .000         N       382       382         Pearson       .346**       .264**         Correlation       .000       .000         N       382       382         Pearson       .553**       .408**         Correlation       .000       .000         N       382       382         Pearson       .000       .000         N       382       382         Pearson       .398**       .326**	Pearson Correlation       .559**       1       .264**         Sig. (2-tailed)       .000       .000         N       382       382       382         Pearson Correlation       .346**       .264**       1         Sig. (2-tailed)       .000       .000         N       382       382       382         Pearson Correlation       .553**       .408**       .622**         Sig. (2-tailed)       .000       .000       .000         N       382       382       382         Pearson Correlation       .398**       .326**       .189**	Pearson Correlation         .559**         1         .264**         .408**           Sig. (2-tailed)         .000         .000         .000           N         382         382         382         382           Pearson Correlation         .346**         .264**         1         .622**           Sig. (2-tailed)         .000         .000         .000           N         382         382         382         382           Pearson Correlation         .553**         .408**         .622**         1           Sig. (2-tailed)         .000         .000         .000         .000           N         382         382         382         382           Pearson Correlation         .398**         .326**         .189**         .440**

All of the variables under study had significant positive correlations, according to the correlation analysis, at the 0.01 level. Reliability (r = 0.559, p < 0.01) and engagement (r = 0.553, p < 0.01) are strongly positively correlated with influencer credibility, suggesting that millennials are more likely to interact with influencers they find relatable and credible. Influencer credibility and purchase behavior show a moderate link (r = 0.398, p < 0.01), indicating that the more credible an influence is seen, the more likely they are to have an impact on millennials' shopping decisions. Additionally, there is a moderate correlation between relatability and purchasing behavior (r = 0.326, p < 0.01), suggesting that millennials are more likely to follow recommendations for purchases from influencers whose views or lifestyles align with their own. Engagement and content quality are strongly correlated (r = 0.622, p < 0.01), underscoring the significance of interesting and educational material in maintaining user engagement. Though content quality encourages engagement, it may not directly transfer to purchase intent, as seen by its very modest association with purchasing behavior (r = 0.189, p < 0.01). Active involvement with influencer material enhances the possibility of making a purchase, as seen by the moderate association between engagement and purchasing behavior (r = 0.440, p < 0.01). Overall, the findings point to influencer involvement and trustworthiness as major factors influencing millennials' purchase decisions, with relatability also having a significant impact.

### **Discussion: Linking Findings to Prior Research**

The results of this study support the increasing body of evidence indicating millennial consumer behavior is significantly influenced by social media influencers. According to the analysis, factors like relatability, authenticity, and influencer credibility have a big impact on consumers' decisions to buy. These results are in line with previous research by Lou and Yuan (2019), who highlighted how influencer credibility increases customer trust and engagement. Similarly, millennials, particularly women, are more likely to trust influencers who seem approachable and real than traditional celebrities, according to Djafarova and Rushworth (2017).

Additionally, the current study backs with the source credibility theory, which holds that people are more inclined to believe information from sources they believe to be reliable and informed. The findings of Sokolova and Kefi

(2020), who observed a direct correlation between influencer expertise and consumer purchasing behavior, are supported by our findings, which indicate that influencers who are viewed as experts in particular product categories (such as fashion, beauty, or gadgets) have a greater impact on purchase intentions.

The study also discovered that interactive participation (likes, comments, and responses) increases millennials' propensity to buy, which is consistent with Jin et al.'s (2019) discussion of the importance of para-social connections. Higher levels of persuasion frequently result from the intimacy that these online exchanges foster between influencers and

Interestingly, the study also found that decision-making is moderated by perceived influencer-audience similarity, whether in values, tastes, or lifestyle. This is consistent with findings by Freberg et al. (2011), who proposed that authenticity and perceived resemblance are important factors influencing influencer efficacy. In conclusion, the study's findings support previous research and theoretical frameworks, emphasizing how influencers have changed from being content producers to being agents of customer trust. These results highlight how marketers may increase consumer engagement and conversions by working with influencers that share brand values and connect with target audiences.

### **Policy Implication**

The study's conclusions have significant policy ramifications for regulators and marketers alike. Since social media influencers have a big impact on millennials' purchasing decisions, businesses must create organized influencer marketing strategies that put an emphasis on long-term engagement, authenticity, and openness. In order to make sure that content complies with disclosure standards and reflects consumer values, brands should think about establishing ethical standards for influencer partnerships. Establishing more transparent advertising guidelines and oversight procedures on digital platforms is imperative from a regulatory perspective in order to stop deceptive endorsements and safeguard the interests of consumers. Regulatory bodies can think about requiring uniform disclosures and greater responsibility for sponsoring brands and influencers. Campaigns for digital literacy aimed at younger customers can also raise awareness of sponsored material, facilitating better decision-making in a world where technology is pervasive.

### Directions for future research

Future research can examine a number of significant directions, even if this study offers insightful information on how social media influencers affect millennials' shopping decisions. In order to investigate how influencer impact changes over time and if repeated exposure results in enduring customer loyalty or declining benefits, longitudinal research might be carried out. Second, broadening the study to encompass additional generational cohorts, such Gen Z or Gen X, might provide comparative understanding of variations in influencer trust and behavior across generations. Future research might also use qualitative techniques like focus groups or in-depth interviews to further understand the emotional and psychological factors that impact influencer-based buying. A more comprehensive understanding of the efficacy of influencer marketing may also be obtained by examining the effects of various influencer types, such as micro vs macro influencers or niche content producers versus celebrities. Additionally, analyzing the influence of socioeconomic, cultural, and regional characteristics may improve the findings' generalizability in larger contexts.

### Conclusion

According to this study, millennials' shopping decisions are greatly influenced by social media influencers, with some influencer qualities having a greater impact than others. Because millennials are more inclined to believe and heed buy suggestions from influencers who are seen as genuine, informed, and open, influencer credibility stood out as the most important element among the dimensions examined. Additionally, relatability is important since millennials are more likely to engage with influencers who have similar beliefs, experiences, and lifestyles. How millennials see the utility of products and the attraction of brands is strongly influenced by the quality of the content, which includes the originality, regularity, and educational value of postings. Additionally, interaction likes, comments, and face-to-face interactions reinforces buy intention and fortifies the influencer-consumer bond. The study's overall findings emphasize how strategically important it is for businesses to collaborate with influencers that exhibit high-quality content, emotional connection, and reliability in addition to having a large following. Marketers that want to sway millennial consumers need to focus on developing long-term partnerships with influencers who share their brand values and expectations rather than just focusing on stats.

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