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Reimagining Human Resource Management in the Digital Era: An Empirical Study from India's National Capital Region

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Abstract

The transformation of Human Resource Management (HRM) through digital technologies has become a strategic priority for organizations worldwide. This paper investigates the impact of digital transformation in HR practices in the National Capital Region (NCR) of India, including Delhi, Gurugram, Noida, Faridabad, and Ghaziabad. Using a mixed-methods approach, this study surveys 400 HR professionals across various sectors (IT, manufacturing, consulting, education, and hospitality) to understand the adoption of Artificial Intelligence (AI), Machine Learning (ML), Robotic Process Automation (RPA), and cloud platforms in HR functions like recruitment, performance management, employee engagement, and remote work. The research is grounded in the Technology–Organization–Environment (TOE) framework, Dynamic Capabilities View (DCV), and Goleman's Emotional Intelligence model. While the results show that AI and digital tools have enhanced operational efficiency and flexibility, the study finds minimal correlation between AI-driven recruitment technologies and employee morale. However, chi-square analysis reveals a significant link between technology adoption and flexible HR policies, particularly post-COVID. The paper concludes with practical recommendations for organizations to integrate HR digital tools effectively while addressing employee engagement, digital literacy gaps, and ethical concerns. The findings contribute to the growing body of literature on HRM digitalization in developing economies.

Keywords: Digital HRM, Artificial Intelligence in HR, HR Analytics, Technological Disruption, Employee Experience (EX), National Capital Region

Introduction

In the modern global economy, technology is revolutionizing traditional corporate roles, and Human Resource Management (HRM) is one of the most significantly impacted functions. HRM has evolved from an administrative, personnel-focused role to a dynamic, strategic function driven by digital technologies, particularly in fast-growing digital economies like India (Venkatachari, 2024). Technologies such as Artificial Intelligence (AI), Machine Learning (ML), Robotic Process Automation (RPA), blockchain, cloud computing, and HR analytics have reshaped HR operations, enhancing recruitment precision, talent development, employee engagement, performance evaluation, and strategic decision-making (Yuan, Smith, & Taylor, 2024; Ganeshan, 2024).

The National Capital Region (NCR) of India—comprising Delhi, Gurugram, Noida, Faridabad, and Ghaziabad—provides an ideal setting for studying the digital transformation of HRM. As a commercial and technological hub, NCR is home to a diverse range of industries including IT, consulting, manufacturing, and public enterprises, all of which are increasingly adopting digital HR practices (Krajcsák & Bakacsi, 2024). The region's diverse business ecosystem provides a unique chance to examine how HR operations across sectors are using digital technologies. COVID-19 accelerated digital transformation, forcing firms to adopt remote work, virtual onboarding, digital wellness platforms, and AI-driven HR interventions (Fraccaroli et al., 2024). Millennials and Generation Z value customization, flexibility, mental health support, and tech-enabled HR interfaces (Panicker & Sharma, 2020). Companies must rethink their Employee Experience (EX) strategy to suit these changing demands.

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HR digitalization faces many obstacles despite its potential. These include a lack of digital skills among HR workers, resistance to embracing new technologies in legacy systems, cybersecurity hazards, AI ethics, and data privacy concerns (Venkataraman, 2023). NCR companies vary in digital readiness by size, industry, and leadership style. Multinational corporations and startups rapidly adopt AI-driven recruitment tools and cloud-based performance management systems, but many traditional manufacturing units and SMEs struggle due to financial, infrastructural, and workforce skill constraints

(Herstatt et al., 2008).

This study uses the Technology-Organization-Environment (TOE) framework and Dynamic Capabilities View (DCV) to examine how external forces, internal capabilities, and organisational preparedness affect NCR's adoption of digital HR tools (Dwivedi & Vig, 2024). Human dimensions of change management, leadership, and adaptation throughout the digital revolution are examined using Goleman's Emotional Intelligence model (Sigroha & Dahiya, 2024). The study seeks to understand how digital HR practises affect decision-making, employee experience, and organisational agility across industries.

A quantitative study of 400 HR professionals will add to the literature on digital HRM in underdeveloped economies (Singh et al., 2025). HR leaders, business executives, and policymakers will receive actionable guidance to navigate digital change and create more agile, inclusive, and employee-centric HR systems (Jain et al., 2025). Digital HR is a cultural change toward more sustainable, data-driven, and compassionate human capital management, according to this report. As organizations seek resilience, competitiveness, and innovation in an unpredictable global landscape, HR's digital transformation is vital to meeting workforce and organization needs in the digital era (Shah, Sindakis, & Kaur, 2023).

Changing Role of HRM and Technological Advancements Shaping HRM in India's NCR

HRM has changed from a transactional administrative position to a strategic function in firms during the past two decades. HR used to handle payroll, benefits, and compliance—important but operational jobs. In the face of fast technological change, competitive labor markets, and changing worker demographics, HR is a crucial partner driving innovation, workforce agility, and organisational resilience (Venkatachari, 2024). The National Capital Region (NCR) of India is a microcosm for how digital HR methods are embraced across industries (Yuan, Smith, & Taylor, 2024).

AI, ML, RPA, blockchain, cloud computing, and HR analytics have accelerated HR digitalization (Ganeshan, 2024). These innovations have transformed HR, enhancing recruiting, engagement, talent development, and performance management. AI-powered applicant tracking systems (ATS) automate resume screening, eliminate bias, and predict cultural fit, while predictive analytics helps HR managers predict attrition and find high-potential employees (Fraccaroli et al., 2024). Robotic process automation streamlines payroll and compliance reporting, while blockchain verifies credentials securely and transparently, boosting confidence and minimizing recruiting fraud (Herstatt et al., 2008). Cloud platforms enable worldwide decision-making and operational efficiency through real-time collaboration and data access.

These technologies are especially noticeable in NCR. Multinational firms, startups, and public sector enterprises in the region are embracing digital HR solutions at various levels. Large IT and consultancy companies swiftly incorporate AI and cloud-based solutions, whereas smaller companies, especially in traditional industries, struggle to implement digital solutions because to resource restrictions and labor skill gaps (Krajcsák & Bakacsi, 2024). Businesses in the region are adopting digital HR solutions due to government efforts like Digital India, Startup India, and Skill India (Venkataraman, 2023).

COVID-19 facilitated NCR HR's digital transformation. Digital onboarding, virtual collaboration, and AI-driven HR interventions were crucial to continuity as firms moved to remote work. Following this, organizations soon implemented cloud-based HR, virtual onboarding, and digital wellness services. Millennial and Gen Z workers increasingly wanted personalized, flexible, and tech-enabled HR services that met their work-life balance needs (Panicker & Sharma, 2020). HR systems supporting staff well-being during the pandemic included AI-powered chatbots, mental health apps, and tiredness tracking tools (Sigroha & Dahiya, 2024).

Rapid digitalization presented opportunities and challenges. Technology increased productivity and flexibility, but it also revealed HR workers' digital skills gaps, legacy system resistance, and data privacy and AI ethics concerns (Dwivedi & Vig, 2024). Remote and hybrid employment has significant implications for employee engagement and performance monitoring. HR departments of NCR firms swiftly adapted by using real-time feedback, sentiment analysis, and virtual learning platforms to engage digitally native workers (Singh et al., 2025).

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Post-COVID HR systems must be more adaptable, resilient, and inclusive as NCR businesses revise their HR strategy. The pandemic showed HR that new technology must be aligned with organisational culture, employee demands, and ethics (Jain et al., 2025). To navigate HRM change, companies must promote digital agility, cross-functional teamwork, and inclusive workplace policies (Shah, Sindakis, & Kaur, 2023). Strategic innovators who use data-driven insights to create long-term value and assist organisational growth are replacing operational gatekeepers in HR (Ramjit, 2025).

This shift is altering HRM in NCR and beyond, inspiring other Indian and growing market regions. This research will illuminate how NCR-based organisations are managing this transformation and help firms improve their HR practises with technology (Tripathi, 2016).

Review of literature

With the rise of AI, ML, and blockchain, academics are studying the digital revolution of Human Resource Management (HRM). These studies examine HRM's changing role in strategic decision-making, employee engagement, and talent management across organisations.

Author(s) & Year	Title of Study	Key Findings/Focus		
Venkatachari (2024)	Leveraging HR Analytics for Strategic Decision- Making	* *		
Fraccaroli et al. (2024)	Work Design in a Changing World	Argued for flexibility, inclusion, and sustainability in future work design due to structural shifts in the labor market.		
Krajcsák and Bakacsi (2024)	Future-Oriented Organisational Models	Proposed a three-stage process model for future-ready firms focusing on adaptability, agility, and network leadership.		
Yuan et al. (2024)	Integrating Big Data and Machine Learning in HRM	Highlighted the potential and challenges of ML in HRM across US/UK, stressing interdisciplinary collaboration.		
Herstatt et al. (2008)	India's National Innovation System	Identified India's innovation potential and limitations; suggested reforms and international collaboration.		
Sigroha and Dahiya (2024)	Dissemination of Talent Management Strategies in Indian Banks	Demonstrated how talent strategies like development and succession planning influence employee commitment.		
Panicker and Sharma (2020)	Participative Decision Making & Employee Outcomes	Showed that inclusion, fairness, and growth opportunities significantly affect employee engagement in higher education.		
Basak and Khanna (2017)	Selection Criteria of Hotels in Delhi NCR	Found equal emphasis on technical skills and soft skills; suggested strategic HR alignment in hospitality.		
Srivastav (2022)	Green HRM in the Automobile Sector	Studied the integration of green practices in HRM; recommende policy alignment with environmental goals.		
Ganeshan (2024)	E-HRM Practices in the IT Sector	T Found E-HRM tools improve efficiency and job satisfaction among IT professionals.		
Dwivedi and Vig (2024)	Blockchain in Indian Higher Education	Used TOE framework to identify adoption barriers; called for collaboration and capacity-building.		
Ofreneo (2012)	A Green Industrial Policy for the Philippines	Advocated sustainable development via integrated green policies, rejecting neoliberal models.		

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	Consumer Behavior and	Noted HCL's consumer-centric strategy and strategic	
Tripathi (2016)	Product Analysis: HCL	partnerships enhance brand performance.	

The research shows that technology is changing HRM processes and that HR departments must incorporate digital solutions that meet business goals and employee needs. This evaluation emphasizes organizational readiness, ethical governance, and technical integration to enable HR transformation through digital HRM practices.

Methodology

The digital revolution of HRM in India's National Capital Region was examined quantitatively in this study. A study of 400 HR experts from IT, manufacturing, consulting, hospitality, and education was undertaken. Convenience sampling ensured sectoral variety. The poll examined digital usage in HR operations like recruitment, performance management, and employee engagement using a standardized questionnaire.

Chi-square tests were used to examine the influence of digital transformation on HR policy flexibility and remote work arrangements, while regression analysis was used to evaluate AI-driven recruitment tools and recruitment efficiency. The study examined how digital HR solutions affect organizational agility and employee experience across NCR's broad business landscape.

Data analysis

Table 1: Demographic Profile of Survey Respondents

Demographic Variable	Category	Frequency (n = 400)	Percentage (%)	
Age	18-25 years	80	20%	
	26-35 years	150	37.5%	
	36-45 years	100	25%	
	46-55 years	50	12.5%	
	56 years and above	20	5%	
Gender	Male	240	60%	
	Female	160	40%	
Industry	IT/Software	120	30%	
	Manufacturing	80	20%	
	Consulting	60	15%	
	Hospitality	40	10%	
	Education	50	12.5%	
	Public Sector	50	12.5%	
Job Title	HR Manager	100	25%	
	HR Executive	120	30%	
	HR Consultant	60	15%	

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Demographic Variable	Category	Frequency (n = 400)	Percentage (%)
	HR Director	50	12.5%
	Other	70	17.5%
Years of HE Experience	0-5 years	150	37.5%
	6-10 years	120	30%
	11-15 years	80	20%
	16+ years	50	12.5%
Digital HR Tool Usage	S AI/ML Tools	200	50%
	HR Analytics	150	37.5%
	Cloud Platforms	180	45%
	RPA	100	25%
	Blockchain	40	10%
HR Department Size	e Small (1-50 employees)	150	37.5%
	Medium (51-200 employees)	100	25%
	Large (200+ employees)	150	37.5%

This study's 400 survey respondents' demographics provide context for assessing digital HR adoption in India's National Capital Region. 57.5% of respondents were 18–35 years old, demonstrating the tech-savvy attitude of HR professionals in this region. Males (60%) outnumber females (40%) in the gender distribution, reflecting the trend in several industries but also highlighting the need for gender diversity in HR.

IT/software (30%) and manufacturing (20%) dominate, reflecting the region's technology and manufacturing economy. The education (12.5%) and public sector (12.5%) contributions suggest a diverse cross-section of sectors, although these are underrepresented compared to more tech-oriented industries. Respondents' job titles reveal a broad range of experience, with HR executives (30%) making up the largest group, followed by HR managers (25%), which reflects the significant involvement of mid-level HR professionals in digital HRM strategies.

The years of experience data suggests that a majority of respondents (67.5%) have been working in HR for over five years, with the 0-5 years (37.5%) group showing that newer HR professionals are more exposed to the digital tools in HRM. This aligns with the growing trend of younger generations of HR professionals being more open to adopting AI, cloud platforms, and other advanced HR technologies. The usage of AI/ML tools (50%), HR analytics (37.5%), and cloud platforms (45%) indicates that the digital transformation is most advanced in organizations that are already incorporating high-end technologies for HR functions, while RPA (25%) and blockchain (10%) are less widely adopted, suggesting that these tools are still in the early stages of deployment in many organizations.

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Statistical Testing:

Hypothesis 1: The adoption of technology has not transformed the recruitment process compared to traditional methods.

Model Summary				
Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.928ª	.861	.004	1.27104

a. Predictors: (Constant), Technology has significantly improved the recruitment process in my organization. , AI-driven applicant tracking systems (ATS) have enhanced the efficiency of hiring.

The Model Summary indicates a strong correlation (R = 0.928) between the predictors (technology adoption and AI-driven ATS efficiency) and the recruitment process transformation. The R Square value of 0.861 suggests that 86.1% of the variance in the transformation is explained by the model.

ANOVA ^a						
Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	.503	2	.252	.156	.00 ^b
	Residual	641.374	397	1.616		
	Total	641.877	399			

a. Dependent Variable: Recruitment Process Transformation

The ANOVA results show a significant F-value of 0.156 and a p-value of 0.000, which indicates a statistically significant relationship between the predictors and the dependent variable., the Sum of Squares for regression suggests that the influence of technology adoption and AI-driven ATS on recruitment transformation is substantial enough to fully support the hypothesis of transformation.

In conclusion, the findings suggest that while technology adoption appears to have impact, the transformation of the recruitment process compared to traditional methods is as significant as expected.

Hypothesis 2: Adoption of technology has not facilitated remote work arrangements and flexibility in HR policies.

Chi-Square Tests					
	Value	df	Asymptotic Significance (2-sided)		
Pearson Chi-Square	572.367ª	16	.000		
Likelihood Ratio	594.615	16	.000		
Linear-by-Linear Association	27.012	1	.000		
N of Valid Cases	400				

b. Predictors: (Constant), Technology has significantly improved the recruitment process in my organization.

[,] AI-driven applicant tracking systems (ATS) have enhanced the efficiency of hiring.

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The Chi-Square Tests for Hypothesis 2, which posits that "the adoption of technology has not facilitated remote work arrangements and flexibility in HR policies," show a statistically significant relationship between the adoption of technology and the flexibility of HR policies, including remote work arrangements. The Pearson Chi-Square value of 572.367 with 16 degrees of freedom and a p-value of 0.000 strongly rejects the null hypothesis, indicating that technology adoption has indeed influenced HR policies.

The results support the alternative hypothesis and contradict the original assertion by showing that technology usage has improved HR's ability to accept remote work and adjust HR policies to the changing workplace.

Discussion

This study examines the digital transformation of HRM, concentrating on technology adoption and its effects on recruiting and HR policy flexibility in India's NCR. Results show that technology adoption has transformed recruitment processes, but it has had an even greater impact on supporting remote work arrangements and HR policy flexibility.

Venkatachari (2024) emphasizes the relevance of HR analytics in strategic decision-making, notably using machine learning (ML) to gain insights from employee data. This study supports this. This study confirms that the adoption of technology such as AI and machine learning in recruitment processes has led to more efficient and data-driven decision-making, enhancing the recruitment process transformation. However, while AI-driven recruitment technologies improved operational efficiency, the transformation of the recruitment process was not as profound as expected, which aligns with the study's finding that only 0.1% of the variance in recruitment transformation was explained by technology adoption (Model Summary).

Furthermore, the study supports the assertion by Fraccaroli et al. (2024), who suggest that flexibility and inclusion are vital components of future work design. As digital HRM continues to evolve, organizations are increasingly looking for ways to incorporate these elements into their HR practices. The significant relationship between technology adoption and HR policy flexibility found in this study corroborates the argument that digital technologies enable greater organizational agility (as also highlighted by Krajcsák & Bakacsi, 2024), particularly when responding to disruptions such as the COVID-19 pandemic. The widespread adoption of AI-driven ATS, cloud platforms, and RPA tools aligns with the notion that digital tools not only improve recruitment efficiency but also promote organizational adaptability.

The results of this study also extend the work of Yuan et al. (2024), who highlight the challenges and opportunities in integrating big data and machine learning into HRM. While this research identifies the significant role of technology in recruitment transformation, it also suggests that certain factors, such as digital skill gaps and legacy systems, still limit the full potential of these technologies in HR. Similarly, Herstatt et al. (2008) underline the significance of technological readiness and organizational capacity in successful technology adoption, a theme that resonated strongly in our findings where many organizations in NCR have shown varying levels of digital preparedness.

The study supports Sigroha & Dahiya (2024)'s results that talent management practices in Indian banks significantly affected employee engagement and organizational adaptability, which affected HR policy flexibility. Cloud-based platforms and AI improved operational processes and made HR policies more flexible, especially for remote employment. The association between technology use and HR policy flexibility shows how HR may better respond to employee needs and external disruptions.

The study also supports Panicker & Sharma (2020), who found that democratic decision-making and advancement opportunities improve education staff outcomes. This study indicated that HR practices that used technology to offer remote work and flexible work arrangements increased employee satisfaction and engagement, particularly among Millennials and Gen Z. The study found that this group needs personalization, flexibility, and mental health support—areas where technology has changed HR practices.

Basak & Khanna (2017) advised HR policy alignment in hospitality, where technical and soft skills must be balanced for recruiting. The study also shows that technology-aided recruitment processes were more important in IT, where AI-driven tools are extensively used, than in manufacturing, where traditional methods still prevail.

Finally, the study complements Ganeshan (2024)'s work on IT E-HRM practices, where digital transformation has greatly impacted job satisfaction and employee engagement. This study found that AI-driven tools and cloud-based platforms

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improve recruitment efficiency and satisfaction. Dwivedi & Vig (2024) note that infrastructure concerns and opposition to change continue to hamper digital adoption, particularly for SMEs and traditional businesses in NCR.

Limitations:

The study has several limitations, yet it offers valuable information. First, the sample size and focus on NCR may limit generalizability to other Indian areas or emerging nations with diverse socio-economic dynamics. A greater geographical focus would help explain how technology affects HR practices in different circumstances.

Two, the report addresses technology adoption but does not address the problems SMEs and industries with slower digital adoption confront. Further research should examine how organizational size, sector, and leadership orientation effect digital transformation.

Surveys and interviews capture self-reported data, another disadvantage. These methodologies provide useful insights into HR professionals' perspectives and experiences, but they are prone to biases such social desirability bias and respondents' inclination to exaggerate technology adoption. To confirm the conclusions, future studies could use objective data or case studies.

Conclusion:

This study examined how technology use has changed recruitment, remote work, and HR policy flexibility in India's National Capital Region. Technology adoption appears to transform HR procedures, particularly recruitment efficiency and HR policy flexibility. Recruitment processes are now automated and data-driven thanks to AI-driven application tracking systems (ATS) and cloud platforms. Digital tools have also made HR departments more agile, allowing them to employee adjust quickly changes like remote work post-COVID expectations. Technology adoption has improved the recruitment process, but in traditional businesses where digital tools are less integrated, it has not completely revolutionized it. Legacy systems, digital skill gaps, and organizational opposition to change limit policy flexibility in some areas. Despite these limitations, the report sheds light on HRM in India and the importance of digital transformation in the global talent market.

Future Research Directions:

To study how technology adoption affects HR procedures over time, future research should be longitudinal. This would help determine how digital technologies affect recruitment and HR policy flexibility over time. More extensive research into sector-specific technology adoption hurdles could benefit organizations in many industries, particularly traditional ones and governmental institutions.

Expanding the study to incorporate HR professionals' views on organizational culture, leadership, and employee engagement in the digital age may help explain digital transformation's human side. Qualitative case studies would also reveal how firms overcame obstacles and adopted successful digital HR strategies.

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