ISSN: 1526-4726 Vol 5 Issue 2 (2025)

# ESG SCORES INFLUENCING THE FINANCIAL PERFORMANCE OF THE INDIAN COMPANIES

# Jahanvi Bhavasar<sup>1</sup>, Dr. Megha Shah<sup>2</sup>

<sup>1</sup>Research Scholar, GLS University, <sup>2</sup>Associate Professor, Faculty of Management, GLS University,

#### **Abstract:**

This study provides insight into information regarding ESG scores and the financial performance of Indian companies. It uses data from 129 companies from 19 sectors collected from S&P Global Co. and analysed with descriptive statistics and OLS regression panel data with fixed effects in SPSS. The findings show that ROCE, ROA and ROE are positively related to the environmental score but not with the social and governance score; EPS are not affected by the ESG score in the Indian companies; PEG and PG are associated with the environmental and governance score but not with the social score. Many integrations of ESG analysis are considered for the financial performance of the companies. The ESG reporting is now essential for this era and its impact on investments too.

## **Keywords:**

Environmental, Social, Governance, ROA, ROE, ROCE, EPS, PEG, PG, Market Cap

## **Introduction:**

Several studies have been done on the relationship between economic expansion and its environmental influence for decades (Kuznets,1955). As per Asian Development Bank projections, with a 7.3 percent rise in GDP in the current fiscal year and a 7.6 percent increase in FY20, the Indian economy is expected to grow fastest in Asia (Economic Times, 2018). India has a long way to go before the damage industrial activity causes to the environment stabilizes. In the past ten years, the world has seen social activity, a growing threat from global warming and a lack of governance amid the global financial crisis. Due to such instances, there is a shared knowledge of the importance of socioeconomic development, environmental stability, ethical norms observance, holistic growth and responsible investment.

Some significant policy changes have occurred in India's regulatory environment over the past few decades. After being revised in 2013, section 135 of the Enterprises Act now requires qualifying enterprises to invest 2% of their net annual earnings in corporate social responsibility (CSR) projects (Companies Act,2013). In recent years, there has been a growing emphasis on sustainable and responsible investment strategies from the standpoint of Indian investors. Due mostly to the involvement of organizations like the United Nations Environment Program Finance Initiative, ESG practices-oriented portfolio selection methodologies have significantly increased investor appeal (Pandey, 2022).

## **Research Objectives**

- To evaluate the ESG integration and financial performance across Indian companies.
- To investigate the relationship between ESG integration and financial performance for Indian companies.

## **Hypothesis**

H0: There is no relationship between ESG scores and different financial metrics.

Journal of Informatics Education and Research ISSN: 1526-4726 Vol 5 Issue 2 (2025)

H1: There is a relationship between ESG scores and different financial metrics.

#### **Literature Review:**

The topic of ESG and its relationship with financial performance has been studied by researchers for the last decades. The growing investor interest in ESG practices reflected the view that environmental, social and corporate governance issues - including risks and opportunities can affect the long-term financial performance of companies and should therefore be given appropriate consideration in important decisions of firms (Ms. Deepmala, 2022; Renuka Kumawat,2023). Furthermore, according to the results, firms with more disclosures regarding ESG improve firm valuation by reducing information asymmetry/risk. We can conclude from the findings that the environmental, social, and governance disclosure level derived from a potentially higher (or lower) quality accounting information system has implications for reducing the cost of capital (Francis et al., 2008). Furthermore, the study confirmed the link between disclosures related to ESG and the quality of earnings. The credibility of these disclosures can also be assessed by relating ESG disclosures with the quality of earnings as a source of their origin (Cohen et al., 2007; Francis et al., 2008; Dhaliwal et al., 2014). The findings of this thesis add to the current body of knowledge and deepen our understanding of the relationship between earnings quality, ESG disclosure, and financing choices in several important ways. The research draws on previous studies to overcome the inconsistent findings in the current debate on sustainable activities and their advantages. As a result, the thesis provides empirical support for stakeholder theory, which proposes that incorporating ESG practices and their additional disclosure promotes the formation of trust and confidence between firms and their stakeholders (Renuka Kumawat, 2023). The importance of Environmental, Social, and Governance (ESG) aspects in investment decisions has grown significantly in today's volatile financial market. ESG investment performance in diverse regions, focusing on developed markets with high GDP, specifically the USA, Germany, Japan and emerging nations, India, Brazil, and China. We compare ESG indices against respective broad market indices, all comprising large and mid-cap stocks (Hemendra Gupta and Rashmi Chaudhary, 2023 ). Several studies found that ESG investing can offer downside protection during market downturns, which is an important consideration for investors seeking to manage risk in their portfolios (Albuquerque et al. 2020; Broadstock et al. 2021; Engelhardt et al. 2021; Lau 2019). On the other hand, several studies indicate that ESG investment is not necessarily a surefire strategy to perform better during a crisis (Abedifar et al. 2023; Folger-Laronde et al. 2022). Also, Lashkaripour (2023) analysed that high ESG stocks have higher tail risk compared to low ESG stocks during a market crash. In 2017, the Kotak Committee made recommendations related to corporate governance, which improved standards concerning the corporate governance of listed companies in India. In 2018, BSE published a guidance document on ESG Disclosures. In 2019, the Ministry of Corporate Affairs revised the National voluntary guidance to align with the Sustainable Development Goals. In 2020, SEBI mandated a stewardship code with ECG Monitoring. In 2021, the Business Responsibility and Sustainability Report was launched by SEBI. It is mandatory for the top 1000 listed companies by market capitalization to file BRSR from the financial year 2022-23. Other companies may also disclose BRSR voluntarily (SEBI Consultation Paper, 2021).

## **Methodology:**

Here, the data collected by S&P Global Co. includes the 125 ESG following companies from 18 different sectors of India. 125 companies are selected based on their market cap 9 from the Automobile sector, 8 from the Banking sector, 5 from cement, 1 from chemical, 2 from

ISSN: 1526-4726 Vol 5 Issue 2 (2025)

							Std.					
	N	Range	Minimum	Maximum	Me	an	Deviation	Variance	Skewi		Kurte	
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic	Statistic	Statistic	Std. Error	Statistic	Std. Error
ENV.SCORE	123	93	0	93	49.59	2.205	24.453	597.966	.045	.218	-1.135	.433
				-		-1-00						
SOCIAL SCORE	123	89	0	89	53.05	1.866	20.697	428.358	008	.218	938	.433
GOVERNANCE SCORE	123	89	0	89	47.19	1.652	18.317	335.530	.027	.218	380	.433
ESG COMBINE	123	88	0	88	50.33	1.750	19.414	376.893	.056	.218	777	.433
RETURN ON CAPITAL EMPLOYMENT	124	174.37	-5.37	169.00	21.7625	1.91349	21.30772	454.019	3.799	.217	20.908	.431
RETURN ON EQUITY 5Y	117	149.60	-32.60	117.00	5.0057	1.70656	18.45923	340.743	3.185	.224	16.616	.444
RETURN ON EQUITY	121	191.00	-56.00	135.00	19.4799	1.70527	18.75794	351.860	2.011	.220	14.076	.437
RETURN ON ASSSTES 5Y	123	57.40	-20.10	37.30	8.5567	.75683	8.39364	70.453	.528	.218	2.152	.433
RETURN ON ASSTES	124	85.30	-41.30	44.00	9.4751	.88360	9.83935	96.813	298	.217	6.638	.431
EARNING PER SHARE	124	4140.07	-6.07	4134.00	125.2162	35.06821	390.50311	152492.681	9.041	.217	91.882	.431
PROFIT EARNING GROWTH	119	318.00	-66.00	252.00	4.9244	2.40537	26.23950	688.511	7.233	.222	68.410	.440
PROFIT GROWTH	123	5722.00	-97.00	5625.00	65.9008	45.72253	507.08741	257137.643	10.976	.218	121.287	.433
Valid N (listwise)	116											

**Table 1 Descriptive Statistics of ESG following Indian Companies** 

construction, 26 from consumer goods, 10 from energy, 2 from fertilizers & pesticides, 10 from financial & non-banking, 1 from healthcare services, 8 from industrial manufacturing, 10 from IT, 6 from metals & mining, 2 from oil & gas, 15 from pharma, 2 from power, 4 from services, 3 from telecom and 1 from textiles.

# **Results:**

Table 2.1 OLS Regression and Panel Data Regression with Fixed Effect

Model	Unstandardized Coefficients	Standardized Coefficients	t	Sig.	Correlations	Collinearity Statistics

ISSN: 1526-4726 Vol 5 Issue 2 (2025)

		В	Std. Error	Beta			Zero- order	Partial	Part	Tolerance	VIF
1	(Constant)	29.309	5.408		5.420	.000					
	ENV.SCORE	.481	.154	.550	3.118	.002	.058	.275	.274	.247	4.044
	SOCIAL	565	.230	547	-	.016	090	219	-	.155	6.464
	SCORE				2.453				.215		
	GOVERNANCE	028	.190	024	145	.885	082	013	_	.289	3.459
	SCORE								.013		

Dependent Variable: RETURN ON CAPITAL EMPLOYMENT

**Table 2.2** 

		Unstand Coeffi		Standardized Coefficients			Correlations		Collinearity Statistics		
M	odel	В	Std. Error	Beta	t	Sig.	Zero- order	Partial	Part	Tolerance	VIF
1	(Constant)	13.988	2.477		5.647	.000					
	ENV.SCORE	.230	.071	.570	3.251	.001	.035	.286	.283	.247	4.044
	SOCIAL SCORE	268	.106	564	2.544	.012	122	227	.222	.155	6.464
	GOVERNANCE SCORE	034	.087	063	388	.699	120	036	.034	.289	3.459

**Dependent Variable: RETURN ON ASSETS** 

**Table 2.3** 

1 dblc 2.3											
Unstandardized Coefficients		Standardized Coefficients			Co	orrelation	ıs	Collinea Statisti	•		
Mo	odel	В	Std. Error	Beta	t	Sig.	Zero- order	Partial	Part	Tolerance	VIF
1	(Constant)	28.054	4.899		5.726	.000					
	ENV.SCORE	.259	.139	.339	1.858	.066	028	.170	.168	.247	4.053
	SOCIAL	274	.209	303	-	.192	128	121	_	.154	6.513
	SCORE				1.313				.119		
	GOVERNANCE SCORE	144	.171	141	837	.404	149	077	.076	.290	3.454

Dependent Variable: RETURN ON EQUITY

**Table 2.4** 

ISSN: 1526-4726 Vol 5 Issue 2 (2025)

			lardized icients	Standardized Coefficients			Correlations		Correlations		S	Collinea Statisti	•
M	odel	В	Std. Error	Beta	t	Sig.	Zero- order	Partial	Part	Tolerance	VIF		
1	(Constant)	257.323	102.652		2.507	.014							
	ENV.SCORE	-1.222	2.927	076	417	.677	130	038	.038	.247	4.044		
	SOCIAL SCORE	290	4.373	015	066	.947	128	006	.006	.155	6.464		
	GOVERNANCE SCORE	-1.170	3.614	055	324	.747	123	030	.029	.289	3.459		

Dependent Variable: EARNING PER SHARE

**Table 2.5** 

		Unstand Coeffi		Standardized Coefficients			Correlations		Collinearity Statistics		
M	odel	В	Std. Error	Beta	t	Sig.	Zero- order Partial Part		Tolerance	VIF	
1	(Constant)	5.276	7.346		.718	.474					
	ENV.SCORE	.112	.198	.102	.565	.573	.002	.053	.053	.267	3.745
	SOCIAL SCORE	343	.297	260	1.152	.252	029	107	.107	.170	5.892
	GOVERNANCE SCORE	.261	.247	.175	1.057	.293	.032	.099	.098	.318	3.148

**Dependent Variable: PROFIT EARNING GROWTH** 

**Table 2.6** 

		lardized icients	Standardized Coefficients			Correlations		Collinea Statisti		
Model	В	Std. Error	Beta	t	Sig.	Zero- order	Partial	Part	Tolerance	VIF
1 (Constant)	64.129	133.389		.481	.632					
ENV.SCORE	5.868	3.789	.282	1.549	.124	.071	.141	.141	.249	4.018
SOCIAL SCORE	-9.039	5.675	367	1.593	.114	.000	145	.145	.155	6.449

ISSN: 1526-4726 Vol 5 Issue 2 (2025)

I	GOVERNANCE	4.040	4.690	.146	.862	.391	.043	.079	.078	.288	3.473	
	SCORE											l
												l

**Dependent Variable: PROFIT GROWTH** 

#### **Discussion:**

The above analysis summarizes the hypothesized relationship between ESG integration and different financial performance indicators, such as ROCE, ROA, ROE, EPS, PEG, and PG as dependent variables and ESG scores as independent variables within the research framework. The awaited impact of the environmental (E) factor is predominantly positive and profitability metrics ROCE, ROA, ROE and growth prospects PEG, PG. It also suggests that environmentally responsible practices are expected to enhance financial returns and future growth. Conversely, the social (S) factor is generally hypothesized to have a negative association across all listed financial indicators, implying a potential trade-off or cost associated with social initiatives in the short term. The governance (G) factor presents a mixed picture, with an anticipated negative relationship with profitability ROCE, ROA, ROE and EPS, but a positive expected link with PEG and PG, indicating that strong governance structures might prioritize long-term sustainable growth and investor confidence over immediate profitability.

## **Conclusion:**

**Table of relationships** 

DEPENDENT VARIABLES	INDEPENDENT VARIABLES								
	E	S	G						
ROCE	Positive	Negative	Negative						
ROA	Positive	Negative	Negative						
ROE	Positive	Negative	Negative						
EPS	Negative	Negative	Negative						
PEG	Positive	Negative	Positive						
PG	Positive	Negative	Positive						

# **References:**

- 1. Albuquerque, R., Koskinen, Y., Yang, S., & Zhang, C. (2020). Resiliency of environmental and social stocks: An analysis of the exogenous COVID-19 market crash. *The Review of Corporate Finance Studies*, 9(3), 593-621.
- 2. Abedifar, P., Bouslah, K., Neumann, C., & Tarazi, A. (2023). Resilience of Environmental and Social Stocks under Stress: Lessons from the COVID-19 Pandemic. *Financial markets, institutions & instruments*, 32(2), 23-50.
- 3. Broadstock, D.C., K. Chan, L.T.W. Cheng, and X. Wang. 2021. The role of ESG performance during times of financial crisis: Evidence from COVID-19 in China. *Finance Research Letters* 38:101716. https://doi.org/10.1016/j. frl. 2020. 101716.

ISSN: 1526-4726 Vol 5 Issue 2 (2025)

- 4. Chuang, K., Y. Huang, and Y. Ho. 2007. A bibliometric and citation analysis of strokerelated research in Taiwan. *Scientometrics* 72 (2): 201–212. https://doi.org/10.1007/s11192-007-1721-0.
- 5. Donthu, N., S. Kumar, D. Mukherjee, N. Pandey, and W.M. Lim. 2021. How to conduct a bibliometric analysis: An overview and guidelines. *Journal of Business Research* 133: 285–296. https://doi.org/10.1016/j.jbusres.2021.04.070.
- 6. Dhaliwal, D., Li, O. Z., Tsang, A., & Yang, Y. G. (2014). Corporate social responsibility disclosure and the cost of equity capital: The roles of stakeholder orientation and financial transparency. *Journal of accounting and public policy*, 33(4), 328-355.
- 7. Engelhardt, N., Ekkenga, J., & Posch, P. (2021). ESG ratings and stock performance during the COVID-19 crisis. *Sustainability*, *13*(13), 7133.
- 8. Folger-Laronde, Z., Pashang, S., Feor, L., & ElAlfy, A. (2022). ESG ratings and financial performance of exchange-traded funds during the COVID-19 pandemic. *Journal of Sustainable Finance & Investment*, 12(2), 490-496.
- 9. Gupta, H., & Chaudhary, R. (2023). An analysis of volatility and risk-adjusted returns of ESG indices in developed and emerging economies. *Risks*, *11*(10), 182.
- 10. Kumawat (2023), R. Environmental Social and Governance ESG Disclosures and Firm Value The Role of Earnings Quality.
- 11. Kuznets, S. (1955). International differences in capital formation and financing. In *Capital formation and economic growth* (pp. 19-111). Princeton University Press.
- 12. Liu, J., Lau, S., Liu, S. S., & Hu, Y. (2024). How Firm's Commitment to ESG Drives Green and Low-Carbon Transition: A Longitudinal Case Study from Hang Lung Properties. *Sustainability*, *16*(2), 711.
- 13. Lashkaripour, M. (2023). ESG tail risk: The Covid-19 market crash analysis. *Finance Research Letters*, 53, 103598.
- 14. Pandey, A. (2022). The Impact of Environmental Social and Governance ESG on the Financial Performance of the Companies in India.
- 15. Xie, S., J. Zhang, and Y. Ho. 2008. Assessment of world aerosol research trends by bibliometric analysis. *Scientometrics* 77 (1): 113–130. https://doi.org/10.1007/s11192-007-1928-0.